

Advanced Water Endorsement Course Guide

Introduction

The British Canoeing Advanced Water Endorsement (AWE) is designed for Coaches who wish to plan, deliver, and review progressive coaching sessions (normally 6 session progressions) in the advanced water environment. The Award is available in white water kayak, white water canoe, open water canoe, sea, and surf.

The Advanced Water Endorsement Remit

A British Canoeing Coach with AWE may coach in the specific advanced water conditions of their discipline as per the Terms of Reference definitions.

Learning outcomes

The aim of the British Canoeing AWE programme is to develop coaches so they can plan, deliver, and review, progressive coaching sessions in their discipline specific advanced water environment.

British Canoeing Coaches with the AWE have been trained to coach the skills outlined in the British Canoeing Moderate Water Leader and Advanced Water Leader for the discipline concerned, taking into account the technical, tactical, physiological, and psychological requirements.

The coaching behaviours link to the British Canoeing (UKCC) Level 2 Certificate in Coaching Paddlesport, and include;

- Session planning
- Establishing a safe coaching environment
- Preparing participants for coaching sessions
- Establishing and maintaining working relationships with participants and others
- Delivering coaching sessions
- Developing participants' performance
- Concluding sessions
- Evaluating participants' performance and the effectiveness of sessions

Further details of the learning outcomes and assessment criteria are available in the AWE Course Criteria and Unit Specification.

Time to complete

Training: The AWE Training is run over a minimum of 2-days; Training Directors can extend this if they wish.

Assessment: The AWE practical assessment will normally take place over 1 day; however the course introduction and welcome will happen the evening before the assessment day.

Staffing requirements

The Training or Assessment Director is the person responsible for running your AWE; they will introduce themselves at the start of your course and help you through the learning experience.

A registered British Canoeing AWE Provider may deliver British Canoeing AWE Training and Assessment. Registration to become a British Canoeing AWE Provider is open to Moderate Water Endorsement Providers who are also registered Advanced Water Leader Providers (both in the relevant discipline).

Specific learning needs

Candidates with any special learning requirements are advised to inform their course provider so they can be appropriately catered for during the course, as per the Reasonable Adjustments Policy, this is best done prior to the course.

Candidate registration

You need to register before attending an Advanced Water Endorsement training course. It is advisable to do this at least 2-weeks prior to the training course. Details are available from the Home Nation Associations (see page 5 for contact details).

Training course prerequisites

You need these prerequisites when you register for AWE training:

- British Canoeing Moderate Water Endorsement in the relevant discipline
OR British Canoeing (UKCC) Level 3 Coach in the relevant discipline
OR British Canoeing Level 3 Coach (in the relevant discipline) AND one of the following completed within the previous 5 years;
 - British Canoeing Coaching Process
 - 2 Day British Canoeing (UKCC) Level 2 Transfer
 - British Canoeing (UKCC) Level 2 Training
- British Canoeing Advanced Water Leader, 5 Star Leader, or 5 Star Award in the appropriate discipline
- 18 years of age or older
- A valid and recognised 2-day (minimum) first aid award

These additional prerequisites are checked at Training:

- A minimum of 20 logged coaching hours in the moderate water environment, after achieving British Canoeing Moderate Water Endorsement (or equivalent qualification)
- A minimum of 20 leading hours in the specific advanced water environment, after achieving British Canoeing Advanced Water Leader

Assessment prerequisites

Evidence of the following prerequisites are checked at Assessment (you are required to take ORIGINAL evidence of the prerequisites to your final assessment):

- Valid AWE Training – Candidates first assessment attempt must be completed within 2 years of training (for unsuccessful candidates a second assessment must be completed within 12-months of first assessment attempt)
- A minimum of 15 days coaching in the specific advanced water environment after AWE Training; this must include 6 linked progressive coaching sessions with evidence of session plans and reviews, and activity in a minimum of 3 different geographical areas. This will be checked via Candidates' coaching logbooks
- A valid and recognised 2-day (minimum) first aid award
- Valid CR Form
- Accreditation of Prior Learning (APL)

Candidates who have covered the training or assessment prerequisites of the British Canoeing AWE through alternative experiences can apply to British Canoeing for Accredited Prior Learning (APL) in order to be granted direct entry to Training or Assessment. See APL Guidance Notes for further advice. Evidence may be acquired through additional study, employment, or voluntary work that relates to the specific award.

Governing body recognition

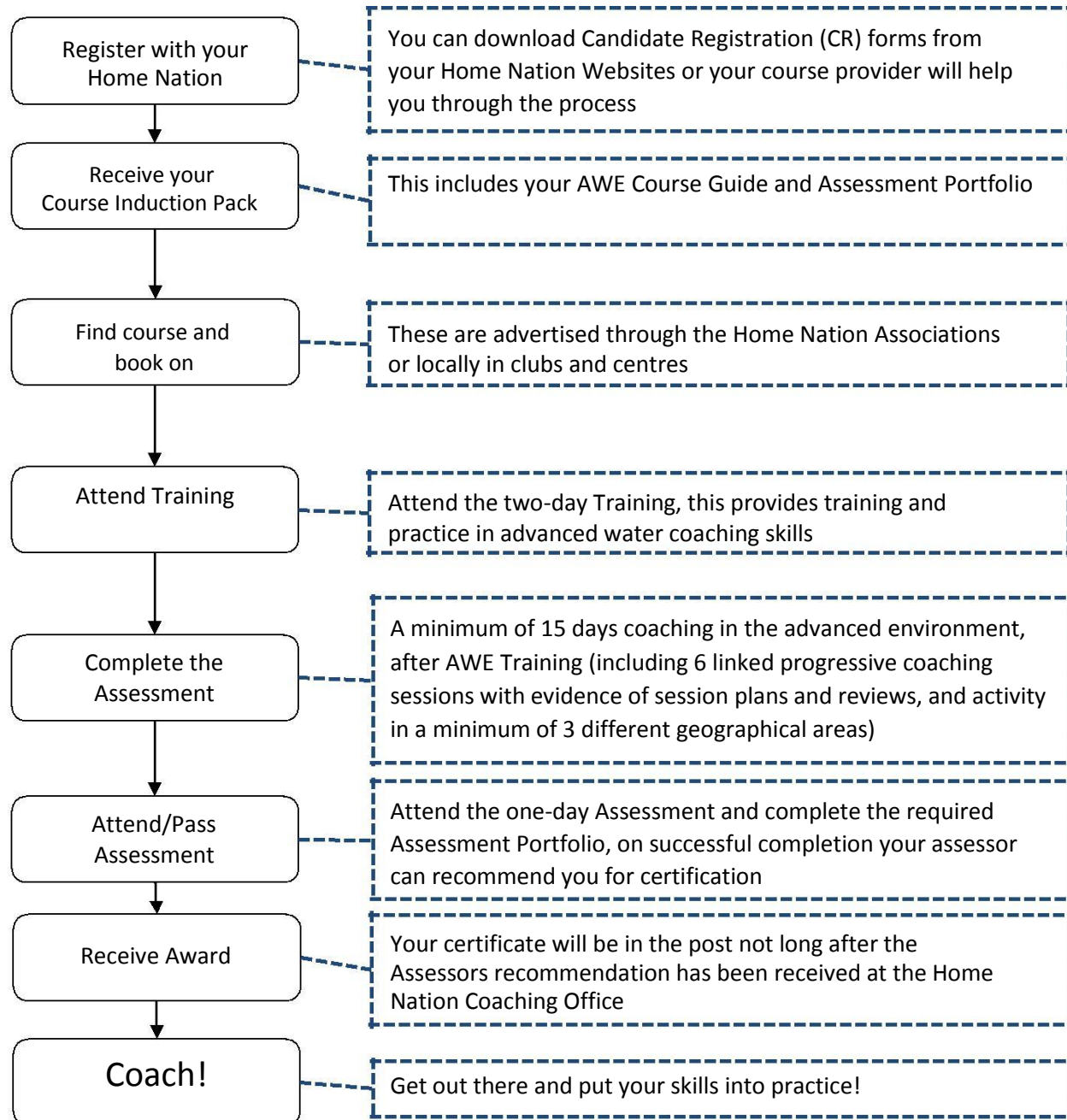
In order to be recognised as a current and active Coach, Candidates must meet their Home Nation Coach Update requirements of the time.

Assessing British Canoeing awards

A British Canoeing Coach with AWE can work towards becoming a 3 star or Leadership Award Assessor within their specific discipline; in order to achieve provider status they are required to work through the Provider Assessor Logbook.

Road to certification

Once you have decided that the AWE is for you, let's look at how you go about it! This flow diagram describes each step Candidates need to go through to achieve to certification;



Contact details

Further information can be obtained from the Home Nation Associations;

British Canoeing
National Water Sports Centre
Adbolton Lane
Holme Pierrepont
Nottinghamshire, NG12 2LU
Tel: 0845 370 9503
Email: coaching@britishcanoeing.org.uk
Website: www.britishcanoeing.org.uk

Scottish Canoe Association
Caledonia House
1 Red Heughs Rigg
South Gyle
Edinburgh EH12 9DQ
Tel: 0131 317 7314
Email: coaching@canoescotland.com
Website: www.canoescotland.com

Canoe Wales
The National White Water Centre
Frongoch
Bala
Gwynedd LL23 7NU
Tel: 01678 521199
Fax: 01678 521158
Email: nigel.midgley@canoewales.com
Website: www.canoewales.com

Canoe Association of Northern Ireland
Unit 2 Rivers Edge
13-15 Ravenhill Road
Belfast BT6 8DN
Tel: 0870 240 5065
Email: office@cani.org.uk
Website: www.cani.org.uk

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