



We would like to invite you to come along to  
The Lightning / U-14 Crew Boat Training Day on **Saturday, June 20<sup>th</sup>**

- We're meeting at the Watersports Centre car park at 8.30am to be ready to go on the water at 9am;
- Lightnings and U-14 paddlers will be on the water between 9.30-11.30am;
- Both MINI K-2/ K-4 rockets and K-2s for U-14 will be used. All boats will be provided for Lightnings;
- Please bring your own paddle and buoyancy aid and the change of clothes;
- Changing facilities and showers are available within the building at Strathclyde Park;
- The cost per head for all paddlers of £2 will be collected on the day.

[Confirmation of your attendance \(coaches and approx. number of paddlers\) by Thursday 18<sup>th</sup> June would be very much appreciated.](#)

We look forward to seeing you on Saturday 20<sup>th</sup> June.