



## Scottish Racing Week

### **Loch Lubnaig Marathon - Saturday 8<sup>th</sup> August 2015**

**Venue** Loch Lubnaig on A84 c.8miles north of Callander

**Access** Race control and access to Loch is from Immervoulin caravan park at the north end of loch. Short paddle down river to the start of the race on loch. Showers (coin meters) available after the race.

**Accommodation :** If you wish to camp at Immervoulin Caravan Park, please make a booking in advance tel. 01877 384285

**Long Course      3 half circuits of the loch - c.12 miles      Divisions 1,2 & 3**

Start & finish at the north end of the loch. Keep to the right of the buoy at Ardchullerie when returning back up the Loch.

**Briefing 2.30 p.m.**

**Start c.3:30 pm**

**Short Course      2 half circuits of the loch - c.8 miles      Divisions 4,5 & 6**

Start & finish at the north end of the loch. Keep to the right of the buoy at Ardchullerie when returning back up the Loch.

**Briefing 2.30 p.m.**

**Start c.3 :30pm**

**Mini Course      Half a circuit of the loch - c.4 miles      Divisions 7, 8 & 9**

Start & finish at the north end of the loch turning anti-clockwise round the buoy at Ardchullerie Point. In the event of bad weather an alternative course may be set.

**Briefing 2:30pm.**

**Start 3.00pm**

**Lightning Course      Part of the Lightning League c.1.5 miles**

Start & finish at the north end of the loch. The course will be set on the day taking the weather conditions into account

**Briefing 2:30p.m.**

**Start 3.00 pm**

**Entries:** All Courses from 1:30pm.

Seniors £5:00 Juniors £4:00 Lightnings £3 or weekly fee for Racing Week

Paddlers must be members of the SCA/BCU or take out SCA event membership (£5) on the day.

### **SAFETY**

All competitors in Divisions 7, 8 & 9 and those under 16 years of age must wear buoyancy aids. They are discretionary for all other paddlers although ***all*** paddlers are advised to wear them and dependant on water and weather conditions the organizer may insist on all paddlers wearing approved buoyancy aids.

All boats used in marathon racing must be fitted with sufficient buoyancy to support the boat and crew in the event of a capsize. Inherent buoyancy in composite boats is not sufficient to meet this requirement. Additional foam buoyancy or air bags must be fitted.

Paddlers competing in closed cockpit boats must wear an approved crash helmet.

## **10km & 5km & Lightning 2km** **Sunday 9<sup>th</sup> August 2015**

All races will start at 11am. Start and finish line at the north end of the loch.

**Entries :** Entries will be taken with marathon entries on Saturday or between 10am & 10:30am on Sunday morning.