

# Forth & Clyde II Canal Marathon

**Underwood Lock House, Bonnybridge**

**Including K2/C2 Marathon Championships 2015**

[2016 Hasler Trophy Qualifier]

**SUNDAY 4TH OCTOBER 2015**

REGISTRATION FROM 11.30 - BRIEFING AT 12:00

STARTS FROM 12:30

**LONG COURSE**      12 MILES                      6 PORTAGES

- Senior Men, U23men & U18 men    K2 Championships
- Divisions 1,2,3 K1

**SHORT COURSE**      8 MILES                      6 PORTAGES

- Senior, Under 23 & Junior Ladies (U18), Veteran Men & Ladies(34 & over), Youth U16 K2 Championships
- Divisions 4,5,6 K1

**MINI COURSE**      4 MILES                      NO PORTAGES

- Youth U14, Master Men (44 & over), Master Ladies (44 & over) K2 Championships
- Divisions 7,8,9 K1

**MINI K2**      3 Miles                      NO PORTAGES

- Under 12, Under 10/U8 K2 Championships – 2 races to allow sharing of boats between U12 & U10/U8

**LIGHTNING**      2 Miles                      NO PORTAGES

- Under 12, Under 10, Under 8 - open to paddlers not taking part in the Mini K2 Championships

**FOR CHAMPIONSHIP EVENTS PADDLERS MUST PADDLE A COURSE APPROPRIATE TO THEIR AGE  
TO BE ELIGIBLE FOR MEDALS PADDLERS MUST BE MEMBERS OF THE SCA**

*AGES ARE ON 1<sup>ST</sup> OF JAN IN YEAR OF COMPETITION*

**ADULTS £5.00, JUNIORS £4.00, LIGHTNINGS £3.00**

**NON SCA MEMBERS MUST COMPLETE AN SCA DAY MEMBERSHIP FORM AND PAY AN ADDITIONAL £5**

**PRE-ENTRY PLEASE: CLOSING DATE FOR ENTRIES THURSDAY 1<sup>ST</sup> OCTOBER:** *Please supply all details requested on Page 2*

**PARKING FOR ALL COURSES AT UNDERWOOD HOUSE LOCK CAR PARK NR BONNY BRIDGE [B 8160]**

<http://streetmap.co.uk/map.srf?X=280523&Y=678987&A=Y&Z=115>



**Entry details**

Email the info below to [mhckayaking@aol.com](mailto:mhckayaking@aol.com) , could you title the email "Forth and Clyde 2" please

SCA No.	Name	DOB	Club	Class M, F, Mx	Division	Craft K1, K2

Entry fees will be collected on the day.

**Directions:**

Parking and start area for all courses is a at Underwood House/Lock Car park which is near Bonnybridge on the B8160. <http://streetmap.co.uk/map.srf?X=280523&Y=678987&A=Y&Z=115>

**Safety:**

All competitors ranked in divisions 7, 8 & 9 and all Lightning paddlers must wear buoyancy aids. They are discretionary for all other paddlers although all paddlers are advised to wear them and dependant on water and weather conditions the organizer may insist on all paddlers wearing approved buoyancy aids so please come prepared

All boats used in marathon racing **must be fitted** with sufficient buoyancy to support the boat and crew in the event of a capsize. Inherent buoyancy in composite boats is not sufficient to meet this requirement. Additional foam buoyancy or air bags must be fitted. All boats may be inspected before the start.

**Course Details**

See page 3

