

Spey Marathon

Highland Series 1
17 April 2016



Venue :

River Spey – stretch between Delnapot (Grid Reference: Sheet 28, 158370) and Aberlour. The event is **open to all paddlers** in any type of canoe or kayak (e.g. K1/K2's, Plastic, Canadian, Slalom, WWR, Sea Kayaks, Wavehoppers). This is an SCA event, please see below for entry requirements.

There are prizes for each category with 3 or more entrants.

Safety :

As with previous 4 years, reasonable extra buoyancy (in excess of the 12.5kg equivalent) bow and stern is required. All boats used in marathon racing must be fitted with sufficient buoyancy to support the boat and crew in the event of a capsize.

Inherent buoyancy in composite boats is not sufficient to meet this requirement. Additional foam buoyancy or air bags must be fitted. All paddlers who are ranked in divisions 7,8 or 9 must wear an approved buoyancy aid (compliant with EN 393, EN 395, ISO 12402-5 or ISO 12402-6) for all marathon races in singles or crew boat races.

Race organizers have the right to refuse entry to the race should they deem any craft unfit for purpose. Sea Kayaks with bulkheads and hatches are deemed to comply with the buoyancy requirements. Buoyancy aids are compulsory for all paddlers. Crash-hats are required for any competitors in closed cockpit boats (e.g. White Water Racers), and recommended for all.

Logistics : PLEASE SHARE TRANSPORT

Due to limited parking spaces and access problems at Delnapot (Long course start), we ask ALL competitors doing the LONG COURSE to share transport as much as possible and arrange shuttles to leave nearly all cars at Aberlour. A shuttle before the race briefing is recommended. THE LAST LIFT UP SHOULD BE LEAVING ABERLOUR AT 12.15pm. There is plenty of parking for the Short course at Tamdhu/Knockando, and parking for 2-3 cars at Carron Bridge for the Mini course (Competitors are asked to sort out their own shuttles for these courses).

SAFETY BRIEFING FOR ALL COURSES AT 11H45 AT ABERLOUR CAR PARK

LONG COURSE: Div 1 - 3...[Directions to Delnapot](#)**START: 13h00**
From Delnapot to Victoria suspension bridge, Aberlour. Distance 10 miles

SHORT COURSE: Div 4 – 6[Directions to Knockando](#)..... **START: 13h30**
From Tamdhu & Knockando Distilleries (below rapids) to Victoria
Suspension Bridge, Aberlour. Distance: 6.5 miles

MINI COURSE: Div 7 – 9 (& novices & younger paddlers)
[Directions to Carron Bridge](#).....**START: approx. 13h45**
From Carron Bridge to Victoria Suspension Bridge, Aberlour
Distance: 3 miles

ENTRIES:

Entries will be taken on the day, up to 30 minutes before the briefing, at the Victoria suspension bridge carpark ,.Aberlour. [Directions to Registration](#)

£5.00 for Seniors and £4.00 for Juniors (under 18).

This is an SCA event. Anyone who is not already an SCA individual member needs to be a day member for the event. Day membership (£5) is available via www.canoescotland.org (then Self Service), and is also available at registration.

PRIZES:

There are prize categories K1s, K2's, Ladies, Touring, open canoe, Sea Kayak, U16 and new prizes for WWK1 & one other category (TBA).

CONTACTS:

- **For river & access info and**
- **For race info:** Michael Surmon – michaelsurmon@rocketmail.com, Tel 07912138727
Hosted by Nairn Kayak Club (see <http://www.nairnkayakclub.org/> for further details).