

KIRKCALDY CANOE CLUB



Scottish Racing Week 2017

Loch Ken Marathon - Saturday 12th August

Entries in advance online or at check-in

https://docs.google.com/forms/d/e/1FAIpQLSdrz1jWijRHrYvIbS_MXO2nwt0DAqgqbnSuKx0yFfm4Yx9lRQ/viewform?c=0&w=1

Venue Loch Ken on A713 c.10 miles north of Castle Douglas

Access Race control and access to Loch is from the Galloway Activity Centre between the A713 and the Loch (Post Code DG7 3NQ). Showers available after the race.

Accommodation : If you wish to camp or use any of the accommodation options at Galloway Activity Centre, please make a booking in advance tel. 01556 502011

All Ranking Courses

Circuits from the Activity Centre

Divisions 1,2 & 3 – 12 miles

Divisions 4,5 & 6 – 8 miles

Divisions 7,8 & 9 – 4 miles

Exact circuit will be decided on the day taking into account the weather conditions and other loch users.

Check -in from 1pm

Briefing 2.30 p.m.

Starts c.3:30 pm

If conditions are good then all courses will be on the water at the same time. Start times may be separated if required to ensure safety in the prevailing conditions.

Lightning Course

Part of the Lightning League c.1.5 miles

Start & finish at the Activity Centre. The course will be set on the day taking the weather conditions into account

Check -in from 1pm

Briefing 2:30p.m.

Start 3.00 pm

Entries and check-in: All Courses from 1:00pm.

Entry Fees :Seniors £5 per event or £23 for week

Juniors £4 per event or £18 for week

Lightning £3 per event or £13 for week

SAFETY

All competitors in Divisions 7, 8 & 9 and those under 16 years of age must wear buoyancy aids. They are discretionary for all other paddlers although **all** paddlers are advised to wear them and dependant on water and weather conditions the organizer may insist on all paddlers wearing approved buoyancy aids.

All boats used in marathon racing must be fitted with sufficient buoyancy to support the boat and crew in the event of a capsize. Inherent buoyancy in composite boats is not sufficient to meet this requirement. Additional foam buoyancy or air bags must be fitted.

Photographs may be taken at this race, and any others during the season, to be used for promotional purposes. If you do not wish any picture including your image to be used in this way then please advise the race organiser or the SCA Marathon Committee Safeguarding officer (Steve Mackinnon - macksteve@btinternet.com) or the Sprint Committee Safeguarding Officer (Jacqui Brockway - culag@mac.com)

Organiser : Kirkcaldy Canoe Club, M. Kinninmonth mhckayaking@aol.com