

*Scottish Canoe Association
Sprint Committee*



Racing Week 2019

Forth & Clyde 10km, 5km & 2km
Thursday 13th June

Start at Auchinstarry Marina

Entries in advance online or at check-in

Check-in from 6:30pm

Briefing 7:00pm

Starts from 7:30pm

10K – Paddlers ranked in Marathon Divisions 1,2,3,4,5 & 6

5K - Paddlers ranked in Marathon Divisions 7,8,9 & 10

2K – U12 & U10 Lightning paddlers

Entry Fees : Seniors £6 per event or £25 for week

Juniors £5 per event or £20 for week

Lightning £3 per event or £13 for week

SCA membership : *Paddlers must be members of the SCA/BCU or take out SCA day membership (£5) on the day.*

Safety : *Buoyancy aids are compulsory for all lightning and mini course paddlers, Divs 7, 8, 9 & 10. They are discretionary for other paddlers although **all** paddlers are advised to wear them. In adverse weather conditions the race organiser may require all paddlers to wear them.*

All boats must be fitted with sufficient buoyancy to support the boat and crew in the event of a capsize. Inherent buoyancy in composite boats is not sufficient to meet this requirement. Additional foam buoyancy or air bags must be fitted.

The canal is open to traffic. Paddlers must take care particularly when negotiating bends and bridges. Paddlers must not obstruct the passage of other boats along the canal and should abide by the waterways code.

Photographs may be taken at this race, and any others during the season, to be used for promotional purposes. If you do not wish any picture including your image to be used in this way then please advise the race organiser or the SCA Marathon Committee Safeguarding officer (Debi Ives - debiives@gmail.com) or the Sprint Committee Safeguarding Officer (Jacqui Brockway -jacquibrookway@gmail.com)

Organiser : Sprint Committee, Margaret Chapman 01236 457081 mhckayaking@aol.com