

## **Racing Week 2019**

*Linlithgow Loch, 10km, 5km & 2km*  
*Tuesday 11<sup>th</sup> June*

**Entries in advance online or at check-in**

**Check-in : 6.30pm Low Port Centre Car Park**

**Briefing : 7.00pm Low Port Centre Car Park**

**Starts from 7.30pm**

**10K – Paddlers ranked in Marathon Divisions 1,2,3,4,5 & 6**

**5K - Paddlers ranked in Marathon Divisions 7,8,9 & 10**

**2K – U12 & U10 Lightning paddlers**

**Entry Fees : Seniors £6 per event or £25 for week**

**Juniors £5 per event or £20 for week**

**Lightning £3 per event or £13 for week**

*SCA membership : Paddlers must be members of the SCA/BCU or take out SCA day membership (£5) on the day.*

**Safety :** *Buoyancy aids are compulsory for all lightning and mini course paddlers, Divs 7, 8, 9 & 10. They are discretionary for other paddlers although **all** paddlers are advised to wear them. In adverse weather conditions the race organiser may require all paddlers to wear them.*

*All boats must be fitted with sufficient buoyancy to support the boat and crew in the event of a capsize. Inherent buoyancy in composite boats is not sufficient to meet this requirement. Additional foam buoyancy or air bags must be fitted. To avoid the risk of spreading invasive species please ensure that your boat and kit is either dry or flushed out before it is brought to the lochside.*

The loch may be in use by other members at this time. Paddlers must take care and be respectful of other users. Detailed advice will be provided in the briefing.

**Photographs** may be taken at this race, and any others during the season, to be used for promotional purposes. If you do not wish any picture including your image to be used in this way then please advise the race organiser or the SCA Marathon Committee Safeguarding officer (Debi Ives - [debiives@gmail.com](mailto:debiives@gmail.com) ) or the Sprint Committee Safeguarding Officer (Jacqui Brockway - [jacquibrockway@gmail.com](mailto:jacquibrockway@gmail.com) )

**Organiser: Sprint Committee – Terry Kowal, [kowal1974@yahoo.co.uk](mailto:kowal1974@yahoo.co.uk)**