

Ness Marathon 2019

SUNDAY 7th July 2019

REGISTRATION

Scout Hall, Muirtown Basin, Inverness, IV3 8LS – 11am to 12am. Briefing at 1200hrs. Race start –Long course 1300hrs, Short Course 1330hrs. Prize giving-1500hrs at the finish.

Note the course is the same as in 2018.

Long Course-20km.

Short Course 7km.

Entry fee –SCA members-£5. Payable on the day. Non SCA (or BC) members must complete day membership form at registration-extra cost £5). Show SCA (or equivalent) membership cards at registration. Race organiser-07765527998

Entries can be taken on the day but you are encouraged to pre enter online via the SCA website.

Directions to Registration - From the A9

At the Kessock Bridge\Inverness Roundabout, turn left following signs for the A82\West.). Follow this until you cross the river. At the next roundabout, take the fourth exit and follow this road until you cross the canal and, at the traffic lights 100 meters beyond the bridge, turn right into the Scout Hall.

From the A82

If travelling from the west along the A82, turn left immediately after passing the 30 mile limit on the edge of Inverness. Follow this road for approx 1 mile up the hill, through the traffic lights, and down a steep hill to another set of traffic lights. The Scout Hall is directly across the traffic lights.

Registration to Long Course start

The long course start is just a few hundred metres from the Scout Hall..

Registration to Short Course start –

Head straight out of the Scout Hall, over the traffic lights and up the hill. Continue on this road until you come to the T-junction with the A82, opposite the golf clubhouse. Turn right here and follow the A82 for approx. 5km. After you come out of the trees, you will see fields and the canal on your left hand side. Take the next left turn, sign posted Dochgarroch, by the coffee shop and follow it to the car park, which is beyond the lock keepers house. Please do not park at the fence beside the canal or in the Jacobite cruisers car park.

Registration to race finish

From the Scout Hall go straight ahead and follow this road until T junction is reached. Turn left, and cross the canal. Turn right towards the Aqua dome/sports centre, but do not go into the sports centre area, but continue towards the river past the edge of the playing fields. Parking is available beside the river at the finish.

