

Scottish Lightning Marathon League 2015

<u>Events:</u>	Linlithgow	26 th April
	Forth & Clyde I	17 th May
	Glasgow Canal	14 th June
	Glasgow Green	2 nd August
	Loch Lubnaig	8 th August
	Edinburgh	27 th September

Age Groups: Under 12, Under 10 and Under 8

Distance : Normally 2 – 3 km but may vary depending on local conditions.

Points: In each of the three age groups points will be awarded separately for boys and girls. Points will be awarded for each class in descending order, starting at 10, and all competitors will score at least 1 point.

Geoff Sanders Memorial Trophy for Lightnings

This is also a league type event but divided into two phases; Regional then National. The Regional phase involves taking part in Lightning events in Scotland, the National phase involves taking part in the Lightning event at the Hasler Final, normally in England. At Regional events the winner of each class scores 10 points but, at the Nationals the winner scores 20 points. There are only two age groups in this competition Under 12 and Under 10, with a class in each for boys and girls.

Individual Event: The paddler with the highest overall points score from 2 regional events and the Hasler Final added together will be the overall category winner.

Team Event: At the end of August in each year each paddler's best two scores will be included to form their club's total point score for that year. The points won in the Lightning classes held with the Hasler Final in September of that year will be added to that total.