

Spey Marathon

Highland Series 1

Venue :

River Spey – stretch between Delnapot (Grid Reference: Sheet 28, 158370) and Aberlour. The event is **open to all paddlers** in any type of canoe or kayak (e.g. K1/K2's, Plastic, Canadian, Slalom, WWR, Sea Kayaks, Wavehoppers).

There are prizes for each category.

Safety :

As with previous 2 years, reasonable extra buoyancy (in excess of the 12.5kg equivalent) bow and stern is required. Foam equivalent is acceptable. Race organizers has the right to refuse entry to the race should they deem craft unfit for purpose. Sea Kayaks with bulkheads and hatches are exempt.

Buoyancy aids are compulsory for all paddlers. Crash-hats are required for any competitors in closed cockpit boats (e.g. White Water Racers), and recommended for all.

Logistics : PLEASE SHARE TRANSPORT

Due to limited parking spaces and access problems at Delnapot (Long course start), we ask ALL competitors doing the LONG COURSE to share transport as much as possible and arrange shuttles to leave nearly all cars at Aberlour. A shuttle before the race briefing is recommended. THE LAST LIFT UP SHOULD BE LEAVING ABERLOUR AT 12.45pm. There is plenty of parking for the Short course at Tamdhu, and parking for 2-3 cars at Carron Bridge for the Mini course (Competitors are asked to sort out their own shuttles for these courses).

SAFETY BRIEFING FOR ALL COURSES AT 12H00 AT ABERLOUR CAR PARK

LONG COURSE:.....[Directions to Delnapot](#)**START: 13h30**

From Delnapot to Victoria suspension bridge, Aberlour. Distance 10 miles

SHORT COURSE:.....[Directions to Knockando](#)..... **START: 14H15**

From Tamdhu & Knockando Distilleries (below rapids) to Victoria

Suspension Bridge, Aberlour. Distance: 6.5 miles

MINI COURSE:(novices & younger paddlers) [Directions to Carron Bridge](#).**START: approx. 14H20**

From Carron Bridge to Victoria Suspension Bridge, Aberlour

Distance: 3 miles

ENTRIES:

Entries will be taken on the day, up to 30 minutes before the briefing, at the Victoria suspension bridge carpark ,.Aberlour. [Directions to Registration](#)

£5.00 for Seniors and £4.00 for Juniors (under 18).

PRIZES:

There are prize categories K1s, K2's, Ladies, Touring, open canoe, Sea Kayak, U16 and new prizes for WWK1 & one other category (TBA).

CONTACTS:

• **For river & access info,**

• **For race info:** Michael Surmon – michael@outtherecampers.co.uk , Tel 07912138727

Hosted by Nairn Kayak Club (see <http://www.nairnkayakclub.org/> for further details).