

Racing Week 2016

Glasgow Green Marathon

7th August 2016

Entries on line by 7pm on the evening PRIOR to the event
on this link:

<http://goo.gl/forms/S82BvQQ62ldonjy52>

Late entries will be accepted on the day

Venue : the Glasgow Schools/Glasgow University Rowing Club on Glasgow Green - almost directly under the A74 road bridge. There is access from Kings Drive just before the bridge. G40 1HB (When driving in Glasgow Green hazard warning lights must be on and a maximum speed limit of 5mph will be in place)

Parking will be available on Glasgow Green next to the University Rowing Club.

Entry Fees :Seniors £5 per event or £23 for week
Juniors £4 per event or £18 for week
Lightning £3 per event or £13 for week

Entries – from 11.00am

Briefing – 12 noon

Starts – Long 12.30pm, Short 12:32 pm, Mini 12:50pm, Lightning 12:52pm

Lightning – 1 circuit, 2 Miles (Lightning League)

From the footbridge at The Glasgow Schools Rowing Club to Rutherglen Road Bridge (A763) *Suitable for novices in most weather conditions*

Mini – 2 Circuits, 4 Miles

Circuit from the Glasgow Schools Rowing Club to Rutherglen Road Bridge (A763)
Suitable for novices in most weather conditions

Short – 2 Circuits, 8 Miles

Circuit from the Glasgow Schools Rowing Club to Dalmarnock Road Bridge (A749)

Long – 3 Circuits, 12 Miles

From the Glasgow Schools Rowing Club to Dalmarnock Road Bridge (A749)

SAFETY : All competitors in Divisions 7, 8 & 9 and those under 16 years of age must wear buoyancy aids. They are discretionary for all other paddlers although ***all*** paddlers are advised to wear them and dependant on water and weather conditions the organizer may insist on all paddlers wearing approved buoyancy aids.

All boats used in marathon racing must be fitted with sufficient buoyancy to support the boat and crew in the event of a capsize. Inherent buoyancy in composite boats is not sufficient to meet this requirement. Additional foam buoyancy or air bags must be fitted.

Organised safety cover will be provided for mini and lightning courses.