

**Provisional Race Order**  
**Scottish Sprint Championships**  
**10th September 2016**  
**Strathclyde Park**

**10:00 Team Leaders Meeting -**

Team leaders should attend to pay entry fees and check entries

	Race	Time				No of paddlers in race
<b>500m</b>	1	<b>12:00</b>	K1	500m	Master Men (inc ncVM)	4
	2	12:05	L - K2	500m	Lightning K2 - U10 - Boys & Girls	7
	3	12:10	C1	500m	All Canoe	6
	4	12:15	PA	500m	PaddleAbility	3
	5	12:20	Lightning	500m	U12 Girls	4
	6	12:25	Lightning	500m	U12 Boys	8
	7	12:30	K1	500m	U14 Boys	6
	8	12:35	K1	500m	U16 Girls(inc u14g)	6
	9	12:40	K1	500m	U16 boys	6
	10	12:45	K1	500m	Senior Ladies (inc U18g & VL)	9
	11	12:50	K1	500m	U18 Boys & Senior Men	8
<b>1000m</b>	12	<b>13:05</b>	K1	1000m	Master Men (inc ncVM)	4
	13	13:10	C1	1000m	All Canoe	6
	14	13:20	Lightning	1000m	U12 Girls	4
	15	13:30	Lightning	1000m	U12 Boys	8
	16	13:40	K1	1000m	U14 Boys	6
	17	13:50	K1	1000m	U16 Girls(inc u14g)	6
	18	14:00	K1	1000m	U16 boys	6
	19	14:10	K1	1000m	Senior Ladies (inc U18g & VL)	9
	20	14:20	K1	1000m	U18 Boys & Senior Men	8
<b>200m</b>	21	<b>14:35</b>	K1	200m	Master Men (inc ncVM)	4
	22	14:40	Lightning	200m	U10 Girls	6
	23	14:45	Lightning	200m	U10 Boys - Heat 1 - Time Trial	6
	24	14:50	Lightning	200m	U10 Boys - Heat 2 - Time Trial	4
	25	14:55	C1	200m	All Canoe	6
	26	15:00	PA	200m	PaddleAbility	3
	27	15:05	K1	200m	U14 Boys	6
	28	15:10	K1	200m	U16 Girls(inc u14g)	6
	29	15:15	K1	200m	U16 boys	6
	30	15:20	K1	200m	Senior Ladies (inc U18g & VL)	9
	31	15:25	K1	200m	U18 Boys & Senior Men	7
<b>500m</b>	32	<b>15:35</b>	L - K2	500m	Lightning K2 - U12 - Boys & Girls	6
	33	15:40	Lightning	500m	U10 Girls	6
	34	15:45	Lightning	500m	U10 Boys - Heat 1 - Time Trial	6
	35	15:50	K2	500m	U14 & U16 Boys & Girls	6
	36	15:55	Lightning	500m	U10 Boys - Heat 2 - Time Trial	4
	37	16:00	K2 & C2	500m	Senior & U18 Women & Men	7
	38	16:05	K4	500m	Lightning K4 - Heat 1 - Time Trial	2
<b>1000m</b>	39	<b>16:15</b>	K2	1000m	U14 & U16 Boys & Girls	4
	40	16:25	K2 & C2	1000m	Senior & U18 Women & Men	5
<b>500m</b>	41	<b>16:35</b>	K4	500m	Lightning K4 - Heat 2 - Time Trial	2
	42	16:45	K4	500m	Lightning K4 - Heat 3 - Time Trial	2

**17:00 Presentation of Championship Medals**

(Participation Certificates for all Lightning paddlers can be collected after the presentation)