

Scottish Sprint Championships

Saturday 9th September

Strathclyde Park

Racing starts 12noon

Team Leaders meeting 10:30am

Entries : – please send entries in advance via your club or coach by Tuesday 5th September.
Late entries will only be accepted if lanes are available.
Individual entries will also be accepted and should be sent direct to mhckayaking@aol.com.

Classes : Lightning K1, K2 & K4 - Under 10 and 12 years
Junior K1 & K2 - Under 14, 16 and 18 years
Senior K1 & K2 - Over 18 years
Masters K1 & K2 - 34 years and over & 44 years and over

Distances : 200m, 500m & 1000m

Entry Fees : Seniors £10.00 for the day Juniors £7.00 for the day

SCA Membership : All competitors must be members of the SCA (non members must complete an SCA day membership form, cost £5).
SCA Championship medals will only be awarded to SCA members.

Lane Number boards will be used at this regatta and it is the responsibility of clubs to provide these for their paddlers.

Safety : *Buoyancy aids are compulsory for all junior paddlers who are ranked D or unranked and for all novice paddlers. They are discretionary for other paddlers although **all** paddlers are advised to wear them. In adverse weather conditions the race organiser may require all paddlers to wear them. All boats must be fitted with sufficient buoyancy to support the boat and crew in the event of a capsize. Inherent buoyancy in composite boats is not sufficient to meet this requirement. Additional foam buoyancy or air bags must be fitted.*

The loch may be in use by other craft during the event. Paddlers must take care and be respectful of other users. Detailed advice will be provided in the briefing.

Photographs may be taken at this race, and any others during the season, to be used for promotional purposes. If you do not wish any picture including your image to be used in this way then please advise the race organiser or the SCA Sprint Committee Safeguarding Officer (Jacqui Brockway - culag@mac.com)

This event is organised by the SCA Sprint Committee for more information please contact :
Margaret Chapman 01236 457081, mhckayaking@aol.com