

# Scottish Canoe Association Sprint Committee



## Scottish Sprint Championships Including K2 5km & mini K2 2km

Saturday 8<sup>th</sup> September      Strathclyde Park

Racing starts 12noon

Team Leaders meeting 10:30am

**Entries :** – please send entries in advance via your club or coach by Tuesday 4<sup>th</sup> September.  
Late entries will only be accepted if lanes are available.  
Individual entries will also be accepted and should be sent direct to mhckayaking@aol.com.

**Classes :** Lightning K1, K2 & K4 - Under 10 and 12 years  
Junior K1 - Under 12 years,  
Junior K1 & K2 - Under 14, 16 and 18 years  
Senior K1 & K2 - Over 18 years  
Masters K1 & K2 - 34 years and over & 49 years and over

**Distances :** 200m, 500m & 1000m

**Entry Fees :** Seniors £10.00 for the day      Juniors £8.00 for the day

**SCA Membership :** All competitors must be members of the SCA (non members must complete an SCA day membership form, cost £5).  
SCA Championship medals will only be awarded to SCA members.

**Lane Number boards** will be used at this regatta and it is the responsibility of clubs to provide these for their paddlers.

**Safety :** *Buoyancy aids are compulsory for all junior paddlers who are ranked D or unranked and for all novice paddlers. They are discretionary for other paddlers although all paddlers are advised to wear them. In adverse weather conditions the race organiser may require all paddlers to wear them. All boats must be fitted with sufficient buoyancy to support the boat and crew in the event of a capsize. Inherent buoyancy in composite boats is not sufficient to meet this requirement. Additional foam buoyancy or air bags must be fitted.*

The loch may be in use by other craft during the event. Paddlers must take care and be respectful of other users. Detailed advice will be provided in the briefing.

**Photographs** may be taken at this race, and any others during the season, to be used for promotional purposes. If you do not wish any picture including your image to be used in this way then please advise the race organiser or the SCA Sprint Committee Safeguarding Officer (Jacqui Brockway - [jacquibrookway@gmail.com](mailto:jacquibrookway@gmail.com), )

This event is organised by the SCA Sprint Committee for more information please contact :  
Margaret Chapman, [mhckayaking@aol.com](mailto:mhckayaking@aol.com)