

SCA Go Canoeing Tours: Conditions of Participation

The aim of the SCA Go Canoeing Tours is to offer safe and enjoyable tours that bring together like-minded paddlers. As with any outdoor pursuit there is an element of risk. To ensure a safe and enjoyable experience for yourself and all other paddlers on the Tour, please familiarise yourself with the information below to understand the basis of your participation and not put yourself, or others at risk.

1. Tour Leader Responsibilities

Tour Leaders are volunteers who lead other paddlers on daytime, evening or weekend tours.

A Tour Leaders' competence is assessed by the committee and approved by having:

- appropriate British Canoeing coaching, leadership qualification or other means
- valid and appropriate first aid training
- sufficient local knowledge to lead their specific tour

Please be aware that Tours are run at the discretion of the Tour Leader who may:

- refuse to let you come on a trip if they are unsure of your competence or fitness
- change the location or timings, or in extreme cases cancel a tour if they are unhappy about weather conditions, water levels, equipment or other reason

Any change in tour details will be communicated to you as soon as is reasonably possible in advance, however please be aware that plans on the day may change (see below, *Communicating with the Tour Leader*).

2. Your Responsibilities

Your participation in an SCA Go Canoeing Tour is on the basis that **you are responsible for your own safety**. You are expected to act in a responsible manner, this includes being knowledgeable of and following good environmental practice. As a competent adult paddler you should also:

- Make your own decisions as part of the group and accept responsibility for them.
- Supply all your own equipment including a suitable kayak/canoe, paddling gear, food, water, camping gear and safety equipment (as may be appropriate).
- Ensure your skills and abilities meet the requirements of the tour grade.
- Identify any problems you suffer from that may affect the safety of yourself and other group members. You are strongly advised to share any potential medical problems with the Tour Leader in advance and/or other paddlers. If you have any doubts consult a doctor.
- Provide your emergency contact details via Self Service. This information will be passed to the Tour Leader.
- Although not mandatory, it is recommended that you have a current First Aid Qualification, for your own safety and for the safety of the group.
- Be on time. Tidal and river conditions make it important to be ready at the correct time. If you are late let the Tour leader know and don't expect the group to wait for you.
- Listen to and respect your Tour Leader. They are chosen for their expertise and local knowledge and are there to ensure the group is safe and has an enjoyable time.

3. Tour Grades

Tours are graded to inform you of the conditions likely to be encountered and distances of which you should be capable of paddling (grades are set out in *SCA Go Canoeing Tours – Overview*). Be honest about your abilities and don't book on a tour that you know is above your skill level. SCA tours are characteristically friendly and supportive however, if your skills are not up to standard this may put undue pressure on the Tour Leader and ruin the experience for the rest of the group. If you have any questions about the tour grade or want to discuss your suitability then please get in touch with the SCA Recreation Committee or the Tour Leader.

4. Communicating with the Tour Leader

Tour Leaders will be given your email address/phone number in advance, in order to confirm timings, meeting points and communicate any last minute changes. Be prepared to tell him/her about your level of experience and if requested refer the Tour Leader to an experienced paddler who can comment on your abilities. If you have any questions about the Tour details, experience or equipment required, please get in touch with your Tour Leader or the SCA office prior to booking.

5. Dates, Cost & Booking

The calendar can be viewed [here](#) and by filtering the events (select 'Touring' under disciplines). Tours cost £5, plus £5 day membership fee for those not already an SCA/BC/CANI/CW member.

Book a place

- log in to [Self Service](#) on the [SCA website](#)
- Visit the events section and search for the tours
- Follow the on-screen instructions to book and pay online

Alternatively you may book by calling the SCA office on 0131 317 7314 where normal office hours are 0830hrs- 1530hrs Monday – Friday.

NB. The number of paddlers per tour will comply with guidance as set out in the BC Terms of Reference and places will therefore be strictly limited and allocated on a first come, first served basis. If you are interested in a trip please book well in advance as trips may be oversubscribed or cancelled due to lack of support. Similarly if you have booked to go on a trip and are unable to attend let the SCA office know as soon as possible as it may give the opportunity for another paddler to take part.

6. Contact and Information

SCA Recreation Committee: sca.recreation@canoescotland.org

[Go Canoeing Tours Calendar](#) – filter by 'Touring'

Prospective Tour Leaders, please email events@canoescotland.org for further information.