# **Spey Marathon**

# Highland Series **28 April 2019**

# Venue:

River Spey – stretch between Delnapot (Grid Reference: Sheet 28, 158370) and Aberlour. The event is **open to all paddlers** in any type of canoe or kayak and river SUP (e.g. K1/K2's, Plastic, Canadian, Slalom, WWR, Sea Kayaks, Wavehoppers,). This is an SCA event; please see below for entry requirements.

There are prizes for each category with 3 or more entrants.

## Safety:

**Buoyancy aids are compulsory for all paddlers.** Crash-hats are required for any competitors in closed cockpit boats and all SUPs (e.g. White Water Racers, sea kayaks, WW boats,etc), and recommended for all.

Reasonable extra buoyancy (in excess of the 12.5kg equivalent) bow and stern is required. All boats used in marathon racing must be fitted with sufficient buoyancy to support the boat and crew in the event of a capsize.

Inherent buoyancy in composite boats is not sufficient to meet this requirement. Additional foam buoyancy or air bags must be fitted.

Race organizers have the right to refuse entry to the race should they deem any craft unfit for purpose. Sea Kayaks with bulkheads and hatches are deemed to comply with the buoyancy requirements.

# **Logistics:** PLEASE SHARE TRANSPORT

Due to limited parking spaces at Delnapot (Long course start), we ask ALL competitors doing the LONG COURSE to share transport as much as possible and arrange shuttles to leave nearly all cars at Aberlour. A shuttle before the race briefing is recommended. THE LAST LIFT UP SHOULD BE LEAVING ABERLOUR AT 12.15pm. There is plenty of parking for the Short course at Tamdhu/Knockando, and parking for 2-3 cars at Carron Bridge for the Mini course (Competitors are asked to sort out their own shuttles for these courses).

### SAFETY BRIEFING FOR ALL COURSES AT 11H45 AT ABERLOUR CAR PARK

LONG COURSE: Directions to Delnapot ......START: 13h00

From Delnapot to Victoria suspension bridge, Aberlour. Distance 10 miles

SHORT COURSE: Directions to Knockando...... START: 13h15

From Tamdhu & Knockando Distilleries (below rapids) to Victoria

Suspension Bridge, Aberlour. Distance: 6.5 miles

**MINI COURSE:** (novices & younger paddlers)

<u>Directions to Carron Bridge</u>.....START: approx. 13h30

From Carron Bridge to Victoria Suspension Bridge, Aberlour

Distance: 3 miles

#### **ENTRIES:**

Entries will be taken on the day, up to 30 minutes before the briefing, at the Victoria suspension bridge car park, Aberlour. <u>Directions to Registration</u>

£5.00 for Seniors and £4.00 for Juniors (under 18). This is an SCA event, and you can enter in advance <a href="here">here</a>. Anyone who is not already an SCA individual member needs to be a day member for the event. Day membership (£5) is available <a href="here">here</a>, and is also available at registration.

Paddlers are encouraged to enter the course appropriate to their ability. As guidance, paddler ranked in Marathon Divisions 1-3 should enter long course, Division 4-6, short course and Divisions 7-9 mini-course, however experienced river paddlers may choose to enter long course or less experienced may select a shorter course. Paddlers are encouraged to be realistic about their ability.

#### PRIZES:

There are prize categories K1s, K2's, Juniors, Ladies, Touring, open canoe, Sea Kayak, U16 and new prizes for WWK1 & one other category (TBA).

#### **CONTACTS:**

- For river & access info and
- For race info: Michael Surmon michaelsurmon13@gmail.com, Tel 07912138727 Hosted by Nairn Kayak Club (see <a href="http://www.nairnkayakclub.org/">http://www.nairnkayakclub.org/</a> for further details).

Photographs may be taken at this race, and any others during the season, to be used for promotional purposes. If you do not wish any picture including your image to be used in this way then please advise the race organiser: Michael Surmon – michaelsurmon13@gmail.com, Tel 07912138727 or the SCA Marathon Committee Safeguarding Officer: Debi Ives – debiives@gmail.com

# Avoiding introduction of non-native invasive species:

All competitors are reminded of their responsibility to avoid the transfer of non-native invasive species between water courses. All boats should be cleaned and dried before this race and again before being used again on another piece of water.

#### **Highland Series and Scottish Marathon Series**

This race forms part of the Highland Series and Scottish Marathon Series – points will be awarded for each race.